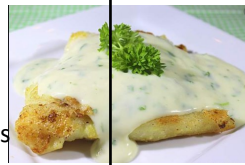


Monday

Lunch

Fish Pie
Vegetable Casserole
Served with Garden Peas & Carrots



◦◦
Bread & Butter pudding & Custard
◦◦

Afternoon Tea—Lemon Drizzle Cake

Supper

Mushroom Soup
Cheese & Onion quiche
Cheese & Onion Sandwiches
Ham & Cucumber Sandwiches
On a selection of white or brown bread
◦◦
Chocolate Mousse

Tuesday

Lunch

Pork Stew
Vegetable Stew
Served with Rice

◦◦
Apple strudel with custard
◦◦

Afternoon Tea—Coffee Cake

Supper

Cauliflower Soup
Fish Fingers & Chips
Tuna Sandwiches
Egg Mayo Sandwiches
On a selection of white or brown bread
◦◦
Arctic Roll

Wednesday

Lunch

Chicken Stroganoff
Vegetable Stroganoff
Served with Mash Potatoes, Red Cabbage

◦◦
Almond Sponge & Custard
◦◦

Afternoon Tea—Chocolate Ganache

Supper

Tomato Soup
Meatballs & Mash with Gravy
Chicken & Pickle Sandwiches
Cheese Mayo Sandwiches
On a selection of white or brown bread
◦◦
Jelly & Cream



Thursday

Lunch

Cottage Pie
Potato & Onion Pie topped with Cheese
Served with dauphinoise potatoes & Chunky
Vegetables & Gravy

◦◦
Rhubarb crumble with Chocolate Custard
◦◦

Afternoon Tea— Flapjack

Supper

Broccoli Soup
Frittata
Ham & Cucumber Sandwiches
Egg & Tomato Sandwiches
On a selection of white or brown bread
◦◦
Ice Cream sponge roll

Friday

Lunch

Fish & Chips
Served with Mushy Peas, Tartare Sauce & Lemon
Falafel in Tomato Sauce

◦◦
Steamed Pears with Custard
◦◦

Afternoon Tea— Jam Sponge

Supper

Minestrone Soup
Cheese & Onion Pasties
Cheese & Onion Sandwiches
Chicken Mayo Sandwiches
On a selection of white or brown bread
◦◦
Fruit & Cream



Saturday

Lunch

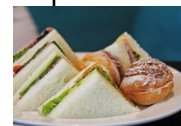
Lasagne
Mushroom Risotto
Served with Garlic Bread, Salad & Coleslaw

◦◦
Semolina
◦◦

Afternoon Tea—Lemon Tart

Supper

Pea Soup
Chicken Nuggets & Chips
Corned Beef Sandwiches
Egg Mayo Sandwiches
On a selection of white or brown bread
◦◦
Trifle



Sunday

Lunch

Chicken Roast
Cheese & Tomato Pasta Bake
Served with Roast Potatoes, cauliflower cheese
& Carrots

◦◦
Apple Turnover & Custard
◦◦

Afternoon Tea—Scones

Supper

French Onion Soup
Sausage Roll with Potato Wedges
Tuna Mayo Sandwiches
Cheese Mayo Sandwiches
On a selection of white or brown bread
◦◦
Fruit Cocktail

“Outstanding Food at Alban Manor”



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef Please let us know if there is anything that you would like changing. We welcome suggestions

Selections available every day

Breakfast

Tea or coffee
Apple, Orange & Cranberry juice
Choice of Cereals
Toast
White or Wholemeal rolls
Marmalade, Jam, Marmite
Selection of Eggs
Full English Breakfast

Morning Tea

Tea or Coffee
Choice of Fruit Squashes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Lunch

Daily Main Meal
Daily Vegetarian Option
Seasonal Vegetables
Daily choice of Potatoes
Assorted Omelettes
Choice of Salads
Sausages
Jacket Potatoes with a selection of toppings

Dessert

Ice Cream
Assorted Mousse's
Homemade Yoghurt
Fresh Fruit
Tea or Coffee

Afternoon Tea

Tea or Coffee
Choice of Fruit Squashes
Homemade Cakes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Supper

Daily Supper Meal
Choice of fruit Squashes
Bread & Butter
Assorted Sandwiches
Cheese & biscuits
Fresh Fruit
Tea or Coffee

Evening Tea

Tea or Coffee
Choice of Fruit Squashes
Hot Chocolate
Ovaltine
Horlicks